**Psychosocial support for Humanitarian Aid Workers – Questionnaire**

I am in the process of writing a book on the topic of Psychosocial support for Humanitarian Aid Workers. This is to be published by Routledge at the beginning of 2018. I would really appreciate your feedback for this significant topic. Organisations are now currently reviewing their policies for psychosocial care and your opinion can be added to the data collected. This book will review all the current thinking in regards to psychosocial support and focus on best practice. It will also offer a guide and source of reference for what is available in respect to psychosocial support for Humanitarian Aid Workers.

***All data collated on this questionnaire will remain anonymous, unless you state otherwise.***

1. What do you think has worked well in regards to psychosocial support offered by your organisation?
2. What would you like to see added to psychosocial support from your organisation?
3. Have you needed any psychosocial support pre, during or post a deployment, or at any time during your employment, and if so why?
4. Have you experienced burn out (becoming totally exhausted by overworking or overwhelmed by the amount of work)?
   1. If so, what symptoms did you experience and what support did you receive if any?
5. Have you experienced trauma symptoms (directly impacted by a traumatic event)?
   1. If so, what symptoms did you experience and what support did you receive if any?
6. Have you experienced vicarious trauma (indirectly impacted by a traumatic event)?
   1. If so, what symptoms did you experience and what support did you receive if any?
   2. Also vicarious trauma can go unnoticed for sometime, how long do you think you were suffering from this before it was noticed?
7. Have you been involved in a critical incident?
   1. If so what was the incident?
   2. How many people were impacted?
   3. What support did your organisation offer staff?
8. What would you recommend organisations should offer in regards to ‘pre’ deployment support?
9. What would you recommend organisations should offer in regards to ‘during’ deployment support?
10. What would you recommend organisations should offer in regards to ‘post’ deployment support?
11. Have you had any difficulties in the transition stage of integrating back home after a deployment, and if so, how?
12. Do you have any experiences of discrepancies between national and international psychosocial care, and could you share examples?
13. Are you willing to offer a case study, in which you feel your story would help other humanitarian aid workers? If so please confirm you are happy for me to email you further?
14. Do you have any recommendations to resources, links, activities, organisations that have supported you well, and you are willing to share for the resource chapter of the book?
15. Are you willing for me to quote any of your comments above?
    1. If so would you be willing to be named or would you prefer to remain anonymous?

**Please return all questionnaires to:** [**fionadunkley@hotmail.com**](mailto:fionadunkley@hotmail.com)